



RIBBLETON AVENUE METHODIST JUNIOR SCHOOL

Address: Emerson Road, Ribbleton, Preston, PR1 5SN
01772 792083

Headteacher: Mrs F Nickson BA Hons PGCE
www.ramjs.lancs.sch.uk

05.06.2026

Message from Mrs Nickson

Dear Parents and Carers,

As we continue to work together to keep our children safe, we would like to share some important reminders about **water safety**, **road safety**, and how children can make positive choices by **walking away from conflict on the playground**.

💧 Water Safety

Following on from the tragic loss of so many young people over the May half term and with warmer weather approaching, children may spend more time near water—whether at home, on trips, or during holidays. It's important they understand how to stay safe:

- **Always supervise children near water**, including paddling pools, baths, rivers, and lakes.
- Teach children that **even shallow water can be dangerous**.
- Encourage children to **never enter water without an adult present**.
- If children go swimming, ensure they understand **basic water rules** and follow life-guard guidance.

Remind children that **open water (rivers, canals, reservoirs)** can be very cold and unpredictable.

🚨 If a Child Falls Into Water

It is vital children know what to do if they unexpectedly fall into water:

- **Stay calm and try not to panic**.
- **Float on their back like a starfish** – spread arms and legs out to help them stay on the surface.
- **Control breathing** until help arrives or they can move to safety.

Shout for help and try to move towards the side or a safe place to get out.

✓ *Key message for children:*

"If you fall in – Float, Breathe, and Shout for help."

Message from Mrs Nickson Continued

Road Safety

As children grow in independence, it is essential they develop safe habits when travelling to and from school:

- Always **use designated crossing points** such as zebra or pelican crossings.
- Teach children to **STOP, LOOK, LISTEN, THINK** before crossing the road.
- Remind them to **avoid distractions**, such as mobile phones or headphones.
- Ensure children understand the importance of **wearing seatbelts** and using appropriate car seats.

If cycling or scooting, children should **wear helmets** and be aware of traffic.

✓ *Key message for children: "Be bright, be seen, and always think before you cross."*

Walking Away from Conflict

We continue to promote a positive and respectful environment in school. One of the most important life skills children can learn is how to deal with disagreements safely and calmly:

- Encourage children to **walk away from arguments or potential fights**.
- Teach them that it's okay to **seek help from a trusted adult**.
- Remind children to **use kind words and calm voices** to resolve misunderstandings.
- Reinforce that choosing to walk away shows **strength, not weakness**.

Celebrate children who make positive choices and act as role models.

✓ *Key message for children: "It's brave to walk away and ask for help."*

Working Together

Keeping children safe is a shared responsibility between school and home. By reinforcing these key messages, we can help children build the confidence and awareness they need to make safe choices every day.

If you would like further information or support with any of these topics, please do not hesitate to contact the school.

Thank you for your continued support.

05.06.2026—General News

23.06.2026	Sponsored Obstacle Course
24.06.2026	9.30a.m. Sports Day
30.06.2026	2p.m. Year 6 Play
01.07.2026	Year 3 Trip to Liverpool Museum
02.07.2026	Years 3, 4 & 5 Move Up Morning
06.07.2026	Year 2 Move Up Morning
07.07.2026	Year 6 Trip to UCLAN
08.07.2026- 10.07.2026	Year 6 Hothersall Lodge
14.07.2026	3.30p.m. Sports Presentation
15.07.2026	Ribbfest
17.07.2026	9.15 a.m. Year 6 Leavers Assembly



**RIBBLETON AVENUE
METHODIST JUNIOR SCHOOL**





Outdoor Education:

Week commencing 08.06.2026,
Monday Nest, Tuesday 4R,
Wednesday 6R, Thursday 5R,
Friday 3R

Well done to our Stars of the Week!

Year	Stars	
3	3M— Ahmed G	3R— Kishan
4	4M— Armaan	4R— Poppy
5	5M— Cole	5R— Muhammad-R
6	6M— Yousaf	6R— Alexandra
Nest	M'Lia	

House Points

House Point Teams	 Team Yousafzal	 Team Hutty	 Team Rashford	 Team Wiltshire
House Captain	Mrs Bleasdale	Mrs Nickson	Mrs Bloor	Mr Smith
Weekly Winner	3rd	1st	4th	2nd
Total Points	6789	7095	6077	6923
Running Total	83	87	77	74

Class	Winner	Points
Nest	Amelia	127
3M	Aaminah	214
3R	Gurtaj	205
4M	Ava-Mae	113
4R	Reeva	166
5M	Hussain	96
5R	Muhammad-Rahim	262
6M	Seher	85
6R	Ayesha	99

Appreciation/Values Award & Healthy Choice Award

Appreciation Award

Oliver C 4R – Respect - For being very respectful and using his manners. Oliver used his manners after accidentally bumping into Mrs Tattersall whilst he was trying to pass other children in the heart room. Then gestured allowing Mrs Tattersall to pass first before him and his friends.

Attendance and Punctuality

“Moments Matter, Attendance Counts”

Attendance Class Winners – 4M 94.6%

Punctuality Winners – 6R — 3 lates

Whole School – 93.2%

Wkly 100% Attendance Raffle winners: Mustafa A 5M & Asuda H 6R

Wkly 0 lates Raffle winners: Mishal AA 3R & Ibrahim H 3M

We're on Target – 0 Classes were above 97%

Attendance since Sept 2025 – 93.5%

½ Termly 100% Attendance Raffle winners:

Alishba A 6R, Sadiyah D 6R, Shang I 5R, Ayesha M 5R, Yusuf S 5R

97-99.9% Raffle Winners:

Harris H 4M, Denver B 5M, Seher P 6M, Zoya S 4R, Emma V 3R

½ Termly 0 Lates Raffle Winners:

Anirban BP 5R, Archie A 4R, Muhammad F 4M, Gracie L 5M Vidhisha SR 4R

For any attendance queries please follow this link: <https://www.ramjs.lancs.sch.uk/attendancepunctuality-procedures/>

**Don't miss out on a
childcare place**



**PLAY,
LEARN
& GROW**

with funded places
from 9 months – 4 years



Play, learn and grow with funded childcare

Did you know that working families with babies from 9 months old can now access a funded place of up to 30 hours a week at a local nursery, pre-school or childminder? Even if you aren't currently working, you could still get up to 15 hours early learning per week for children from 2 years old.

Taking up your funded hours can provide lots of opportunities for your child to be active in doors and out.

And our experienced staff will help to develop their speaking and listening skills with fun activities including singing, rhyming and being read to with friends.

Your little one will be ready for bedtime at the end of a busy day of fun and play!

Join the thousands of parents across Lancashire who already have a funded childcare place.

Find out more about funded places from 9 months to 4-years-old at: www.lancashire.gov.uk/childcare.



PATH
CHILDREN & YOUNG PEOPLE

PARENT & CARER SUPPORT

Supporting YOU to support your Young Person with their Mental Health, Wellbeing & Additional Needs.

ONLINE -TEAMS 1 st June 6pm - 7pm Email for link.	CHORLEY SENDIAS & LPCF 15 th June 1 - 2:30pm Duke St. Family Hub PR7 3DU	CLAYTON GREEN LIBRARY 29 th June IPM - 2:30pm PR6 7EN
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NEW Parent & Carer Wellbeing Workshops
 Register Interest Here:
 With Primary Mental Health Care - CAMHS



For more information contact nikh@keycharity.org.uk



www.keycharity.org.uk

Registered Charity Number 1154772

PATH
CHILDREN & YOUNG PEOPLE




PARENT & CARER WORKSHOPS

With Primary Mental Health Worker - CAMHS

Free workshops supporting children & young people's mental health

Wednesday 17 June
Parenting Strategies Workshop Taster
 ⌚ 12:30pm-2:30pm
 Understanding behaviour and practical ideas to support stronger parent/carer-child relationships.

Wednesday 8 July
Resilience, Routines & Wellbeing
 ⌚ 12:30pm-2:30pm
 Practical ways to support emotional balance, wellbeing & behaviour over the holidays and transitions support.

 The Base on Broadfield, 97-99 Bannister Drive, Leyland, PR25 2GD

Scan the QR code to book your place or email nikh@keycharity.org.uk

SCAN ME



www.keycharity.org.uk

  
Registered Charity: 1154772

Sports Day

WEDNESDAY 24TH JUNE

Water safety – Important message for parents and schools





Following recent tragic incidents involving water, this is an important reminder of how quickly situations can change. As the weather gets warmer, more children and young people are spending time around rivers, lakes and the coast, increasing the risk of harm.

Even on hot days, open water can be dangerously cold, and conditions are often unpredictable.

Children and young people may not always recognise these risks, so it's vital that key safety messages are shared.

Key water safety messages

Please help reinforce the following advice with children and young people:

-  **Stop and Think:** Check for hidden hazards such as deep water, currents and cold temperatures
-  **Stay Together:** Never go into or near water alone; choose areas with lifeguards where possible
-  **Call 999 in an emergency:** Ask for the Coastguard at the coast, or Fire & Rescue if you are inland
-  **Float** – If you fall in, stay calm, float on your back and control your breathing



Cold water shock

Many recent incidents have involved cold water. Even strong swimmers can be affected. Sudden immersion can cause panic, loss of breathing control and reduced ability to swim.

If you fall into water:

- Try to stay calm: The effects of cold water shock usually pass within the first minute
- Float on your back to regain control of your breathing
- Once calm, call for help or swim to safety if possible

A Life-saving skill: Float to Live

Teaching children how to float could save a life:

- Tilt your head back with ears in the water
- Relax and breathe slowly
- Move hands and feet gently to stay afloat

In an emergency:

