

# RIBBLETON AVENUE METHODIST JUNIOR SCHOOL



Address: Emerson Road, Ribbleton, Preston, PR1 5SN

☎ 01772 792083

Headteacher: Mrs F Nickson BA Hons PGCE

[www.ramjs.lancs.sch.uk](http://www.ramjs.lancs.sch.uk)

**12.09.2024**

Dear Parents and Carers,

Welcome back to RAMJS and I hope that our children are settling back in to the school life.

I have included some information that is parents and carers may find useful to help navigate the next academic year.

- **Breakfast Club will be open from 8am** – *The entrance to Breakfast Club is via Emerson Road, the first red gate near to the Community Building. There is no charge for this and no need to book a place.*
- **The school day starts at 8:50** – *The gates on the main school yard will be open from 8:45am and children will be able to walk straight into school from the playground.*
- **Morning break – Children can bring a Healthy snack**  
*This must not include crisps/biscuits or chocolate/sweets.*

## School Uniform

**We are continuing to monitor school uniform and parents will be contacted if children attend in the wrong uniform. If you are struggling with the cost of uniform, please contact school as we may be able to help.**

Children will wear their normal school uniform which includes:

Red Jumper



White polo t-shirt / white shirt or blouse



Black / Grey Trousers, shorts, skirt or culottes.



Red and white check summer dress



Black school shoes / **All black trainers**

**Trainers with colour on them will not be allowed-if children attend in the wrong footwear we will need to review whether all black trainers can remain part of the uniform.**



## Jewellery

For Health and Safety reasons children should not wear jewellery in school unless for religious reasons. If earrings must be worn, they should be plain stud earrings only and must be removed on P.E. days. School staff are not able to remove earrings for children. Children with pierced ears may wear small studs, except during physical activities, the School accepts no responsibility for any resulting damage or injury.

County Regulations and Guidelines state that jewellery of any kind (including earrings and ear studs) is removed for physical education because of the danger of injury to the wearer and/or other pupils in the class.

Whenever possible children should be able to remove their own jewellery before a P.E. lesson. Where this is not possible parents should ensure that jewellery is not worn on days when P.E. activities take place. If you plan to have your child's ears pierced, it



would be helpful for this to take place at the start of a school holiday so that the time is available before earrings can be removed. If necessary, however, studs in newly pierced ears may be protected by plaster tape supplied by parents.

## Hair styles/ Hair Accessories

We ask that hair styles in school are sensible and suitable for a place of learning. Children should not be coming to school with coloured hair. Hair accessories should be Black, White, Grey or Red. Please do not send children in bright coloured hair bows, hair clips.

## What my child should bring to school?

- Coat
- Book Bag
- Water Bottle
- Lunch (if on packed lunches)



## P.E.

Children must bring their P.E. kits to school in a separate bag and leave in school.



School have a Sports Coach and as part of our P.E curriculum, Mr Pidcock expects that children wear a P.E. kit for these sessions. We want the children to be able to exercise fully and embrace all our sporting opportunities so please ensure that P.E. kits are in school each week.

### **Drop Off / Pick Up**

Please can we remind Parents and Carers that parking on Emerson Road at Drop Off and Pick Up puts our child and their families at risk. Tescos allow parents to park on their car park during these times.

Any cars parking on the Yellow lines will be reported to the Traffic Officers as advised by Lancashire County Council.

### **Walking to and from school**

Please talk to your children about Road Safety and the importance of being sensible when walking to and from school. We are surrounded by busy roads and increasing concerns have been raised by members of the community and motorists about near misses that occurred last academic year.

As we start seeing darker nights in the Autumn and Spring Term, we strong advise that children wear reflective clothing / bands to help them to remain visible at times were visibility is poor.

### **Riding a Bike / Scooter to and from school**

Please ensure that your child is wearing a helmet when riding a bike or scooter to school. They save lives and will protect a child's head should they fall off their bikes or be hit by a car. Can children be reminded that they must not ride bikes or scooters in the school grounds.

### **Outdoor Learning**

Children will be taking part in outdoor learning classes every other week. These lessons provide the children with excellent new experiences and a chance to learn new skills. They will access these lessons every other week. The children will need to arrive in school in clothes suitable for outdoor learning as lessons will take place unless there are extreme weather conditions.

These may include the following:

- Jogging bottoms
- Wellies or old trainers
- T-shirt/jumper
- Waterproof coat or warm coat.

**Children must not come in flip flops/ crop tops / fashion wear** as this is about engaging in practical activities throughout the year and requires appropriate clothing that can get dirty, keep children warm and dry and allow them to access a whole variety of outdoor learning opportunities.



## **Lunch**

Our school kitchen will be open, and lunches will be available. *Pupils eligible for free school meals will receive daily free meals however this MUST BE applied for with the local authority.*

Dinners will be paid for using Parent Pay to support school to operate a cashless system.

## **Free School Meal Links**

<https://www.lancashire.gov.uk/children-education-families/schools/free-school-meals/>

Year 3 and above and secondary

Your child may be able to get free school meals if you get any of the qualifying benefits. Check whether you are eligible in section 2 and register in section 3 to apply.

## **Snacks**

To promote Healthy Snacks and Packed Lunches school have a Healthy Award. Children will be nominated for this each week and will be awarded in the Friday Celebration Assembly.

Unless part of a specific medical plan, children should not have: bars of chocolate / bags of crisps / Packets of biscuits / Sweets for their morning snacks as these promote a sugar surge and do not help to keep children full until lunch time. We recommend that these foods are consumed as a treat or as part of a balanced Packed Lunch. We would recommend fruit, vegetables, rice cakes, cereal bars etc. as these are slow energy release foods so will power children for longer.

## **Packed Lunches**

Packed Lunches: Children's packed lunch should include a sandwich or something filling as the main part of the meal. We would recommend adding some fruit or vegetables, a drink (water/cordial / carton of juice) and a small treat as part of a healthy, balanced diet. School do offer a Packed Lunch Option as part of our School Dinner menu. The menu can be found here - [www.ramjs.lancs.sch.uk/menus/](http://www.ramjs.lancs.sch.uk/menus/)

## **Trips**

Throughout the year, school fully fund a variety of extra curricula trips that we love the children to be part of. In 2023/2024 school spent around £20000 funding trips for our pupils because we know that experiential learning opportunities help to change lives.

At times, we do ask for a contribution for trips such as Hothersall Lodge but these can be paid for over the academic year to space out costs.

At present:

Year 5 and Year 6 both have Residential trips to Hothersall Lodge.

Year 5 – 1 night

Year 6 – 2 nights



School are currently able to subsidise over 50% of the cost of these trips but if you are struggling to afford either or both of the residential, please speak to school staff when the trip dates are released and we will see if financial support can be accessed.

## **Photographs**

We love to take photographs and share our experiences with you all. This is done as an additional aspect of school life and is always subject to human error. We will never deliberately miss children from photographs, unless we do not have permission from a parent/carer. It is not always possible to catch every child whilst also managing groups, behaviours and our core business of Teaching and Learning so please be mindful that whilst it may be frustrating for you to miss a picture, it is worse for staff feeling that they have let our families down.

## **Social Media**

We love to use our Facebook page as a source of information and sharing our photographs and adventures. Again, this is something that we do not have to do and is often done in staff's own time when they are at home, out of work hours.

When we are on trips, especially our residential to Hothersall Lodge, we have limited access to the internet to post our memories and at times, Facebook struggles to cope with the sheer volume of posts we are trying to make.

We are aware that we don't always get it right but ask that negative comments are not posted on our Facebook Posts. If you have a concern or feedback for school, please do this in person with the class teacher/Headteacher as it is soul destroying to read negative comments on the back of positive experiences e.g. trips / sports day. We want to continue sharing all these things via social media and appreciate the positive support of many of our parents.

Thank you for your support, we will see you soon,

Mrs Nickson and The RAMJS Team

