

# RIBBLETON AVENUE METHODIST JUNIOR SCHOOL

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Headteacher: Mrs F Nickson BA Hons PGCE  
[www.ramjs.lancs.sch.uk](http://www.ramjs.lancs.sch.uk)

09.05.2025

## Message from Mrs Bleasdale

### Please Make Sure Your Child Wears Their Bike Helmet

We've noticed that some children are bringing their bike helmets to school but not actually wearing them while riding. Instead, they carry the helmet and only put it on when they arrive. This is very dangerous.

#### Why it matters:

Wearing a helmet while riding a bike can help prevent serious head injuries. RoSPA (The Royal Society for the Prevention of Accidents) says that head injuries are one of the biggest dangers for cyclists, especially children.

#### Please help by reminding your child to:

- Put their helmet on **before** they start riding – not just when they get to school
- Make sure it fits properly and is fastened under the chin

Wear it every time they ride, no matter how short the trip

Thank you for helping us keep all our children safe.

**Head Towards Safety, Wear a Helmet**

**RISKS:**

2020  
1973  
**35%**  
decline in bicycle injury rate since CPSC's mandatory bicycle safety regulations took effect in 1976.

2021  
Estimated Injuries  
**69,400**  
Bicycle & accessory related head injuries, separate from sports, treated in emergency departments for all ages (excluding powered bikes.)

**TIPS TO KEEP SAFE:**

**Wear it Properly**

Sit it evenly between your ears and flat on your head.

Wear it low on your forehead – 2 finger widths above your eye brows.

Tighten the chin strap\* and adjust the pads inside for a snug and secure fit.  
\*Specific to bicycle helmets.

**Get the Right Helmet Type**

There are different helmets for different activities. Each type of helmet is made to protect your head from injuries related to the specific activities.

**Check the Label**

Does your helmet have a label inside showing it meets CPSC's federal safety standard? If not, don't use it.

Report the helmet to CPSC at [www.SaferProducts.gov](http://www.SaferProducts.gov).

**Replace When Needed**

Replace the helmet after any impact to the helmet, to include dropping. Helmets are one-time use products and impacts can generally decrease the maximum effectiveness that particular helmet can provide. You may not see damage. Cracks in the shell, worn straps and missing parts or other parts are also reasons to replace a helmet.

United States Consumer Product Safety Commission  
CPSC.gov  
NSN

### Water Safety

As the weather is warming up and more people are likely to be in and around water, it is important to re-share water safety messages and resources. Drowning is silent, children should always be supervised in, on and around water. The Child & Accident Prevention Trust highlight the importance of talking to children about the dangers of water, including open water, encouraging them to be safe.

[The Child & Accident Prevention Trust](#) have some great resources encouraging people to be water aware. The Royal Life Saving Society have key messages on being [in, on and around water](#), as well as promoting the [Water Safety Code](#)

## 9 May 2025—General News

w/c 12/05/25	Year 6 SATs
16.05.2025	Parents Coffee Afternoon
19.05.2025	3.30 p.m. Year 6 Hothersall Lodge Parents Meeting
26.05.2025-30.05.2025	May Half Term
02.06.2025	Inset Day
03.06.2025	School Reopens
05.06.2025 onwards	Year 4 Multiplication Tables Check
13.06.2025	Parents Coffee Afternoon
16.06.2025	Year 4 Lancashire Sings Event
16.06.2025	6R trip to UCLAN
17.06.2025	6M trip to UCLAN
19.06.2025	Sports Day
20.06.2025	Back Up Sports Day
27.06.2025	Parents Coffee Afternoon
25.06.2025-27.06.2025	Year 6 Hothersall Lodge Trip
10.07.2025	Year 3 Beach Trip
11.07.2025	Year 6 Leavers Play
15.07.2025	Sports Presentation
18.07.2025	Leavers Assembly



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METHODIST JUNIOR SCHOOL**

### Outdoor Education:

Week commencing 12.05.2025,  
Monday 5M, Tuesday 4M,  
**Wednesday 5R (please note change)**, Thursday 3M, Friday  
Nest & 5RM

In the year ending June 2023, there were over **13,000** child casualties on UK roads.

This week, your child took part in a height measuring check to see whether they are normally required to use a child car seat/booster cushion when travelling in a vehicle, please see the following link for clarity <https://www.gov.uk/child-car-seats-the-rules>





If your child measured less than 135cm, they received an orange sticker stating that they need to use a child car seat/booster cushion.

If your child measured more than 135cm, they received a road safety themed sticker.

## Well done to our Stars of the Week!

<b>Year</b>	<b>Stars</b>	
	The Nest— Zoya	
<b>3</b>	3M— Aayan	3R— Momina
<b>4</b>	4M— Anam	4R— Muhammad-Rahim
<b>5</b>	5M— Maryam	5R— Arham
	5RM— Ella	
<b>6</b>	6M— Noemi	6R— Umar

# House Points

House Point Teams	 Team Yousafzai	 Team Hutty	 Team Rashford	 Team Wiltshire
House Captain	Mrs Bleasdale	Mrs Nickson	Mrs Bloor	Mr Smith
Weekly Winner	2nd	1st	4th	3rd
Total Points	4828	4943	3554	4397
Running Total	83	59	83	65

Class	Winner	Points
3M	Umar	120
3R	Shazia	118
4M	Zahra	310
4R	Fatimah	125
5M	Alexandra	80
5R	Afiya	110
5RM	Seher	200
6M	Humaira	78
6R	Rayyan	51

## Appreciation Award & Healthy Choice Award

### Appreciation Award

**Ibraheem G 3R - All Values** - For always being positive and spreading happiness in the classroom. He is a rainbow and sunshine whilst always having the most wonderful manners, particularly towards adults around school.

**Mrs P Child, Miss B Parkinson, Mrs B Wilson & Miss M Gaitens** – For organising the meeting room into a polling station for the voters.

### Healthy Choice Award

**Lora T 3R** - For bringing in a range of fruits including slices of melon for snack.

**Oliver C 3R** - For bringing in fruit most days for snack.

## Attendance and Punctuality

### “Moments Matter, Attendance Counts”

**Attendance Class Winners** – 3M 98.2%

**Punctuality Winners** – 4R 1 late

**Whole School** – 95.9%

**Wkly 100% Attendance Raffle winners:** Eshan D 3M & Halima H 5R

**We're on Target** – 2 Classes were above 97% - 3M 98.2% & 6M 97.5%

**Attendance since Sept 2024** – 94.6%

For any attendance queries please follow this link: <https://www.ramjs.lancs.sch.uk/attendancepunctuality-procedures/>

The time is nearly upon us, for the famous week of SATs  
But we're not really worried, in fact we're smiling like Cheshire cats!

SATs don't measure sports, SATs don't measure art.  
SATs don't measure music, or the kindness in your heart.  
SATs don't see your beauty, SATs don't know your worth,  
SATs don't see the reasons you were put upon this earth.  
SATs don't see your magic, how you make others smile,  
SATs don't time how quickly you can run a mile.  
SATs don't hear your laughter, or see you've come this far,  
SATs are just a tiny glimpse of who you really are.

Take lots of time to do things that give you pleasure,  
Lots of fresh air, playing with friends and relaxing in large measure.  
But know, however you do, we'll all be really proud of you.  
You all have unique talents that no test can prove are true.

So sitting at your table, with a pencil  
and your test,  
Remember SATs aren't who you are,  
remember you're the best!

# YEAR 6 SATS



(Author unknown)